(TMI Newsletter – March 14, 2013)

TMI NEWS MARCH 2013 - ACTION AND ADVENTURE AT TMI

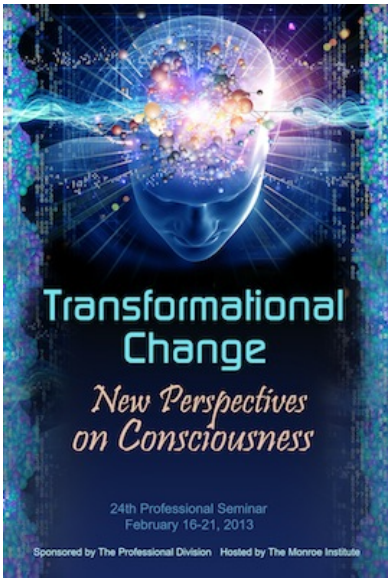
For the first time, February saw a series of intensive meetings convened back-to-back at the TMI Nancy Penn Center and Robert Monroe Retreat campuses in Virginia. Members traveled from North, South, and Central America, Europe, India, and Asia to participate with one or more of the following groups:

- Board of Directors
- Board of Advisors
- Professional Seminar
- Outreach
- Local Chapter Network

Enthusiasm and creativity ran high as members worked to raise the bar within their groups—reporting, collaborating, restructuring; renewing their relationships with one another and deepening personal connections with consciousness. Strategies and objectives for the coming year were developed, all in service to getting The Institute's tools "out there"—to *offer something of value for our contemporary culture*. (Bob Monroe)

As Napoleon Bonaparte famously observed, a picture is worth a thousand words. For your viewing pleasure below are images from the meetings.

Professional Seminar


Transformational Change
New Perspectives on Consciousness
24th Professional Seminar
February 16-21, 2013
Sponsored by The Professional Division Hosted by The Monroe Institute

The Professional Division celebrated it’s first self-designed Professional Seminar, themed “Transformational Change: New Perspectives on Consciousness.” This, the 24th Professional Seminar, featured an excellent speaker line-up, a successful silent auction fundraiser, an intensive Guided Exploration Day, and further restructuring Group Processes designed to move the Professional Division toward a greater autonomy. The group honored recently retired Skip Atwater with a scholarship in his name to aid US military veterans to attend the Gateway Voyage. In memory of Bob's brother Emmett Monroe, and in honor of Emmett and his wife Alice for their long friendship to the Professional Division, the PD presented Alice with an award. Author Robert Monroe, son of Alice and Emmett, recalled growing up as a nephew of Bob Monroe.

Look for more about the 2013 Professional Seminar in the weeks to come.

"Neuroscientific research illustrates a set of *hard-wired neural systems* motivate avoidance and approach…"
Approaching—or *wanting*—driven by the Dopaminergic system
Avoiding—or *aversion*—
Serotonin
The motivation to *avoid* is

Walter McFarland, 2013 Professional Seminar

Part of the TMI Hospitality Team 2013

• Determinism
• Separatism
• Disempowerment
Competition
Theresa Bullard, PhD
Transformation
Change

Bob Holbrook, 2013
Professional Seminar

Outreach Meeting

Allyn Evans, Outreach Coordinator, reports, “Immediately following the Professional Seminar a group of forty facilitators arrived on the campus of the Nancy Penn Center to receive certification in advanced programs. This was a first for a gathering this large. The time passed by too quickly, but in that time participants learned three new programs, gained valuable experience, and shared best practices with each other. There is no doubt there will be more of these gatherings!”

Local Chapter Network Retreat

Candie Sanderson, LCN Leadership Council, Naples, FL, reports, “The fifth annual Local Chapter Network Retreat focused on acknowledging the interconnectedness of our global network and becoming inspired by each other as we shared our love and passion for TMI. We developed new recommendations for creative combinations of commercially available TMI audio technology for our newly unveiled LCN Support Portal. We now have over a dozen suggestions for Chapter leaders to use when looking for ideas for monthly meetings. Each exercise includes specific TMI audio technology titles combined with suggested topics and questions for discussion. What a great resource for new chapters! I left the retreat with a renewed commitment to bringing the principles of TMI to the grassroots level.”

Image credits: Mike Geroge and Candie Sanderson